Little Gregs
Pre-School

Volume: 15 Issue: 3

Dear Parents/Carers,

October is gone already! Can you believe it? We have so much planned for this next half term and lots of preparation for Christmas.

Thank you to all our families and staff for the generous donations for Stratford upon Avon Foodbank. They were so happy with our amazing donation.

On **Friday 18**th **November 2022** we will be supporting Children in Need! A fundraising page is set up for online donations. https://www.justgiving.com/page/little-gregs-pre-school-

1666810604798?utm_source=copyLink&utm_medium=one_page&utm_content=page/little-gregs-pre-school-1666810604798&utm_campaign=pfp-share&utm_term=98251920f6584e2095a12d56a135ff67

Children are welcome to come dressed up in bright coloured clothes, the day will be filled with fun activities supporting Children in Need.

At the beginning of October all the practitioners attended twilight training to support our Ofsted recommendation. 'Support staff to recognise and build on opportunities for children to develop their critical thinking skills'. I approached Warwickshire Early Years our local authority and booked the following training. 'Sustained Shared Thinking' the course has supported staff with developing their own personal practices and how we can support our cohort of children. We looked at supporting the different age range of children and

inclusion of all children meeting individual needs, supporting our planning in the moment. We had an added bonus with the trainer as she was also an Ofsted inspector and this gave great opportunities to ask questions and positive feedback with her seeing the pre-school setting.

Cubs are focusing on Schemas: Staff are observing patterns of repeated behaviour which allow children to explore and express developing ideas and thoughts through their play and exploration. The repetitive actions of schematic play allow children to construct meaning in what they are doing.

Lions and Tigers: Staff are observing children and developing their interests and ideas. Practitioners are extending their critical thinking skills by providing support to solve problems, creating new experiences and challenges into their learning. This key approach is helping children to become life- long learners with transferrable skills.

On **Tuesday 8**th **November 2022** Sarah Taylor 'Taylorfcreative' is coming to pre-school to take individual photos of the children. Sibling photos can be arranged with notice. Sarah will be at the pre-school for the morning. If this is not your child's normal day, you are welcome to bring them to pre-school for 9am to have their photo taken. Parents are required to stay on site while your child is having their photo taken. Children attending the morning session will have their photo taken throughout the session. If you require more information please speak with me.

Kind Regards Sarah Wilkes Pre-School Manager



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Reminders:

- -If your child is absent you must inform the pre-school by 9am. Please phone or email. This has to be done for each day of absence.
- -Water bottle needed for each session. Please ensure the bottle is clearly labelled.
- -Please label your child's belongings including a full change of clothing including socks.
- -No Nuts in snack boxes or packed lunches.
- -Hot Lunches can be ordered daily at the gate when you drop off.
- -A coat is needed as we go out in all weathers.

Nursery Education Funding (NEF) 15hrs & 30hrs

The funding from the Government covers session hours only. Session hours are 8:30-11:30 and 12:30-15:30, Monday-Friday, term time only. Any other hours attended by the child are payable in full by the parent/carer. The lunchtime hour (11:30-12:30) is NOT included in the funding and a charge of £4.20 is payable. If a hot lunch is ordered there is an additional charge of £2.40.

Childcare Vouchers - Voucher payments need to be $\underline{\text{cleared}}$ to our account on or before the 14th of each month. Please allow 3 working days for the transaction to clear.

Dates for the Diary	
Half Term	Mon 24 th - Friday 28 th October 2022
Return to Pre-School	Monday 31st October 2022
Pre-School Photos with 'Sarah Taylor'	Tuesday 8 th November 2022
Children in Need 'Wear something	Friday 18 th November 2022
bright and colourful!'	
Christmas Nativity (AM)	Tuesday 13 th December 2022
End of Autumn Term	Friday 16 th December 2022
Teacher Training Day (no children)	Tuesday 3 rd January 2023
Return to Pre-School	Wednesday 4 th January 2023





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SLEEP FOR PARENTS!

Prioritise your sleep

Sleep is just as important for your health as exercising, eating vegetables, and drinking enough water. But sometimes getting at least seven hours is easier said than done when you have children, a demanding job, or other commitments.

https://www.sleepfoundation.org/how.../why-do-we-need-sleep

Making sleep a part of your wellness routine is a great way to improve your health. If you need a little bit of help getting to sleep on time, try incorporating a night-time routine where you do some yoga or read-ing before bed to quiet your mind. Then, turn off all bright lights about an hour before bed so your brain gets the hint that it's time to start winding down.

SLEEP FOR CHILDREN!

Sleep is an essential building block for your child's mental and physical health.

Understanding their sleep, needs is the first step towards providing better sleep for your child. Through a combination of sleep hygiene, age-appropriate routines, and close attention to any sleep disorders, you can help your child get the rest they need to grow up strong and healthy.

