

# OCTOBER NEWSLETTER

Volume: 15 Issue: 2



Little Greys  
Pre-School

Dear Parents/Carers,

Happy October to everyone! We have had an awesome start to the pre-school year. The children have settled into pre-school life so well. The children have been busy learning the pre-school routines and boundaries, making new friends and exploring the learning environment in and outdoors.

This pre-school year we are working in partnership with Warwickshire Libraries. The Library bus will be visiting the pre-school group children every 3 weeks on a Wednesday and for the month of December we have been given a display board in Stratford library to make a Christmas display with all the efforts of all pre-school children.

To support the food bank we are taking food bank donations for one week 10<sup>th</sup> – 14<sup>th</sup> October 2022. On Friday 14<sup>th</sup> October 2022 it will be non-uniform day.

St Gregory's Primary school have very kindly given us permission to use the school hall on Tuesday 13<sup>th</sup> December 2022. For parents to come and watch our nativity. This is very exciting for us, as this is the first time parents will be back watching it on site since 2019!! More information will follow with regards to our nativity.

Kind Regards  
Sarah Wilkes  
Pre-School Manager



## Reminders:

- If your child is absent you must inform the pre-school by 9am. Please phone or email. This has to be done for each day of absence.
- Water bottle needed for each session. Please ensure the bottle is clearly labelled.
- Please label your child's belongings including a full change of clothing including socks.
- No Nuts in snack boxes or packed lunches.
- Hot Lunches can be ordered daily at the gate when you drop off.

## Nursery Education Funding (NEF) 15hrs & 30hrs

The funding from the Government covers session hours only.

Session hours are 8:30-11:30 and 12:30-15:30, Monday-Friday, term time only.

Any other hours attended by the child are payable in full by the parent/carer.

The lunchtime hour (11:30-12:30) is NOT included in the funding and a charge of £4.20 is payable. If a hot lunch is ordered there is an additional charge of £2.40.

**Childcare Vouchers** - Voucher payments need to be cleared to our account on or before the 14<sup>th</sup> of each month. Please allow 3 working days for the transaction to clear.

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Dates for the Diary	
Lions and Tigers 'Library Bus Visit'	Wednesday 12 <sup>th</sup> October 2022
Non Uniform Day 'Bring a Food Bank Donation'	Friday 14 <sup>th</sup> October 2022
Last Day of Term	Friday 21 <sup>st</sup> October 2022
Half Term	Mon 24 <sup>th</sup> - Friday 28 <sup>th</sup> October 2022
Return to Pre-School	Monday 31 <sup>st</sup> October 2022
Pre-School Photos with 'Sarah Taylor'	Tuesday 8 <sup>th</sup> November 2022
Christmas Nativity (AM)	Tuesday 13 <sup>th</sup> December 2022
End of Autumn Term	Friday 16 <sup>th</sup> December 2022
Teacher Training Day (no children)	Tuesday 3 <sup>rd</sup> January 2023
Return to Pre-School	Wednesday 4 <sup>th</sup> January 2023

## Cubs

Welcome to all our new Cubs and their families. Everyone has settled into pre-school very well and your children are beginning to learn our pre-school routine, which they are following well. Each Cub has been given a key person, who is your first point of contact should you have any concerns or issues we should be aware of. If you are unaware of who this is, please ask and we can let you know.

We try to send out a weekly nature nursery observation and general observation, so you can see what your children have been doing with us. We also try to build up individual observations based on language, social and physical skills which either come out after a half term, or termly.

We are currently working on colours in the Cubs group, with many activities based around this and autumn. Please do help us by reinforcing colour names with your child at home whilst playing with them.

From

Cubs Team.



## Lions and Tigers

The Lions and Tigers have settled into the pre-school group so well! We have been exploring the 'OK' rules and learning the pre-school routine. Along this we have been talking about feelings, being kind and how we can share with our friends.

We will be sending out a weekly observation on Tapestry showing all the wonderful learning experiences your child is taking part in each week and Key Person's will upload individual observations. It is lovely for parents to make comments on Tapestry or give observations a like, as this helps us to know you are reading the observations.

At nature nursery with Helen, the children are exploring autumn and observing the changes around the wider environment. For maths with Sarah, we are busy working on numbers 1-5, working with them in a range of ways, exploring shapes and colours. Patricia has been supporting storytelling and working with small groups of children to tell stories using a range of methods. With Gulsah we have been making our own snacks, to help with our fine motor skills.

We have been lucky to be working in partnership with Warwickshire Libraries and having the Library bus visit us every 3 weeks on a Wednesday.

The way we plan activities has changed we now 'plan in the moment'. With the Early Years Foundation Stage (EYFS) changes we now support the children through their interests and the individual needs of the children. To support the children with all staff working to same level, we hold a room meeting to highlight what we need to plan for the 7 areas of learning.

From  
Lions and Tigers Team.





## Protect them from measles, mumps & rubella

As your child enters education and mingles with new friends, it's important to protect them against **measles, mumps and rubella (MMR)**. You can do this by ensuring they have **both** doses of their MMR vaccine.

The first dose should be administered when your child turns 1 and the second when they are around 3 years and 4 months. However, if they have missed either of these doses, it's not too late - **call your GP and make an appointment as soon as possible.**

Studies show that receiving both doses of the MMR vaccine is the best way to give children long-lasting protection.



### What are measles, mumps and rubella?

Three highly infectious conditions that can easily spread between unvaccinated children, and can lead to serious complications.

### Does the vaccine work?

Yes, over 99% of those who have two doses of the vaccine will be protected against measles and rubella. Mumps protection is slightly lower, but cases in vaccinated people are much less severe.

### How safe is the vaccine?

The vaccine has been safely protecting children for years. Some may have side effects, but they are generally mild and much less severe than the diseases themselves. There is no link between the MMR vaccine and autism.

[Click here](#) or scan the QR code to learn more about the MMR vaccine.



Compass

**It appears that the majority of parents get their child vaccinated when infants, but some are now missing the booster MMR vaccine at 3 years and 4 months. The numbers receiving this second boost have dropped below the recommended levels that create a good level of immunity within children.**

## Oral Health

As we know tooth decay is largely preventable, but it's still a serious problem among young children with nearly a quarter of 5 year olds in England having tooth decay, with 3 or 4 teeth affected on average.

### Opportunities to support children with tooth brushing.

- Brushing the teeth of dolls or toys.
- Reading stories about teeth and talking about smiles.
- Talking about healthy food and drinks that help to grow strong teeth, and those that do not.
- Using mirrors to look at their own and each other's teeth.



For more information on how to care for children's teeth please visit

A Toothy Tip from @ communitydentalservices.

### TIPS TO HELP PREPARE YOUR CHILD FOR SCHOOL

Community Dental Services

**Packed Lunch**

- Have lunch around the same time each day to get into a routine.
- Have lunchbox days at home to practice opening lunch and drinks bottle.
- Let them assist in packing lunch so they know what to expect to eat at lunch.
- Teach them to recognise their own belongings (coat, lunchbox, bag etc).
- A healthy lunchbox is important to provide energy and nutrients for concentration and healthy growth.

**Toothy Tips**

- Brush twice a day for 2 mins, especially before bed. Do not eat or drink anything but water after brushing.
- Develop a bedtime routine that accommodates this.
- Ensure you use a toothpaste with the correct amount of fluoride:  
0-3 – at least 1000ppm (parts per million)  
3-6 – at least 1000ppm  
7+ – at least 1350ppm
- Spit, don't rinse! Do not rinse with water or mouthwash after brushing or the fluoride is washed away.
- Take your child for regular dental check-ups.

**School Dinner Prep**

- Try to find a menu of the food being served at school and try making the meals at home first so your child can recognise them at school.
- Practice using a knife and fork at home to help them to eat better at school.

**Vitamin D**

- Vitamin D is important for strong bones and teeth. In children, a lack of vitamin D can lead to rickets. A daily vitamin D supplement is advised to prevent deficiency (10mcg for ages 1 year + during autumn and winter). For more information, see:  
[Vitamin D - NHS \(www.nhs.uk\)](http://www.nhs.uk)